

# THE YOGA CENTER OF COLUMBIA Winter 2010 REGISTRATION FORM

Please fill out this form and return with payment to: The Yoga Center of Columbia, Parkridge Plaza Building, 8950 Route 108, Suite 109, Columbia, MD 21045 or fax with credit card info. 410.772.9591. www.columbiayoga.com

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Please send the newsletter via?  U.S. Postal Service  E-mail \_\_\_\_\_

Telephone # : (Nights) \_\_\_\_\_ (Days) \_\_\_\_\_

**DID YOU REMEMBER TO CIRCLE THE ENTIRE LINE OF THE CLASS(ES) YOU ARE REGISTERING FOR ON THE REVERSE SIDE?**

(✓) Only if 10% discount is applicable:  Teens  Seniors 60+  Active Military/Spouse **Total Amt: \$** \_\_\_\_\_

Payment Type: (✓)  Cash  Check  Visa  MasterCard  American Express  Discover

Please Complete For Credit Card Mai-In and Fax Registrations Only:

Acct. No.: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

**\*Refund Policy:** \$40 administration fee is non-refundable. After week 1, all tuition less registration fee. After week 2, 75% of the tuition. After week 3, 50% of the tuition. After week 4, 25% of the tuition. No refunds after week 5.

### AGREEMENT OF RELEASE & WAIVER OF LIABILITY (Please review waiver and sign below.)

I hereby agree to the following: That I am participating in the Yoga classes or Workshops offered by The Yoga Center of Columbia; during which I will receive information and instruction about yoga. I recognize that yoga requires physical exertion which may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved. I understand that it is my responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the program.

The informing of my physical conditions is simply to enable the instructor to provide optimal instruction, and in no way absolves me of this responsibility. Therefore, I, my heirs or legal representatives, waive any claim I may have against The Yoga Center of Columbia or any teacher(s) or representative(s) of same.

Date

Signature of Student, Parent or Guardian

The Yoga Center Of Columbia

## CLASS FEES

**Introductory classes - 12 weeks**

1x per week: \$192

Twice weekly: \$360

**Continuing classes - 13 weeks**

1x per week: \$208

Twice weekly: \$390

1st class is \$16/class, 2nd class is \$14/class

**Seniors (60 +), Teens and active Military personnel & their spouses get a 10% discount**

Prorated fee is \$18 times the number of classes.

**Drop in fees:** \$16 for registered students

\$20 for non-registered students

### Pilates Classes

are \$14 each. Drop-in fee is \$18.

**No discounts.**

**Introductory Pilates - 12 weeks**

1x per week: \$168

Twice weekly: \$336

**Continuing Pilates - 13 weeks**

1x per week: \$182

Twice weekly: \$364

Upper level Pilates drop-in with instructor permission only.

**Prenatal Classes** are \$16 each

(including all registered, pro-rated and Prenatal drop-ins.)



Not Pictured: Moses, Rimmer, Lucy, Karen, Katie, Moira & Regina

**Voted  
Best Yoga  
Center in  
Howard County  
10 Years  
In A Row!!!**



## Register for our MINI-SESSIONS

www.columbiayoga.com or 410-720-4340

### Itsy Bitsy Yoga® - Tots

(11- 24 months)

with Katie Huber

6-weeks, \$84

Saturdays, Jan. 16 - Feb. 20, 4pm - 4:45pm

Wednesdays, Feb. 17 - March 24, 11:15am - 12pm

### Children's Yoga

(ages 5 - 10)

with Liz Clark & Bonnie Cassels

8-weeks, \$128

Saturdays, Jan. 16 - March 6, 12:30pm - 1:30pm

### Teens Yoga

(H.S. & M. S. Students)

with Liz Clark & Bonnie Cassels

8-weeks, \$128

Saturdays, Jan. 16 - March 6, 1:45pm - 2:45pm

### Itsy Bitsy Yoga® - Tykes

(2 - 4 1/2 yrs)

with Katie Huber

6-weeks, \$84

Saturdays, Jan. 16 - Feb. 20, 3:00pm - 3:45pm

Fridays, Feb. 19 - March 26, 11:30am - 12:15pm

### Introduction To Meditation

with Kathy Donnelly

5-weeks, \$80

Mondays, Feb. 1 - March 1, 8:15pm - 9:15pm