

These Classes Are For Pre-School Children 2 – 4 1/2 years old.

Tykes Itsy Bitsy Yoga[®] with Katie Huber

4 week Mini Sessions 10:30am - 11:15am

Session 1: Tuesdays, January 10 - January 31 \$48

Session 2: Tuesdays, February 14 - March 6 \$48

Please join us for a Free Class with no obligation.

FREE CLASS January 3, 2012 10:30am - 11:15am

Itsy Bitsy Yoga was created by Helen Garabedian, an Infant Developmental Movement Educator, yoga teacher, and mother. Classes are taught by Katie Huber, a trained & certified Itsy Bitsy Yoga Facilitator.

Itsy Bitsy Yoga for Tykes combines unique toddler-friendly yoga poses with songs and stories.

Foster your child's curiosity, improve motor skills and increase attention span by actively participating in Yoga poses.



Enjoy parent/child bonding time.

Help to build a foundation for a healthy and fit lifestyle while having fun!

Parents also get to do a little yoga, but no yoga experience is required.

(Registration Form)

Please fill out this form and return with payment to: The Yoga Center of Columbia, Parkridge Plaza Building, 8950 Route 108, Suite 109, Columbia, MD 21045 or fax with credit card info. 410.772.9591. Register at www.columbiayoga.com

Name: _____

Address: _____ City _____ State _____ Zip _____

Please check: Check here if this is a new address

Telephone # : (Days) _____ (Nights) _____

E- Mail: _____

Please sign me up for Tykes Itsy Bitsy Yoga[®] 4-week Mini Session with Katie Huber \$48

Session 1: Tuesdays, Jan. 10 - Jan. 31, \$48 Session 2: Tuesdays, Feb. 14 - March 6, \$48

Payment Type: Cash Check Visa MasterCard American Express Discover

Acct. No. _____ Exp. Date: _____ Signature: _____