

## Yoga Teacher Training 200 Program 2012 Application Form

Acceptance into Teacher Training 200 will be based on your readiness and your commitment to fulfill the requirements of this course. Certification by the Yoga Center of Columbia and registration with Yoga Alliance will depend on successful completion of the program and on demonstration of teaching ability.

Please fill out this form and return it with your \$295 deposit to the Yoga Center of Columbia. Attach additional pages as needed. Payment in full is due two weeks before the course begins. Contact us if you wish to discuss payment options.

Full Name: \_\_\_\_\_ I prefer to be called: \_\_\_\_\_  
Address: \_\_\_\_\_ Age: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Day Phone: \_\_\_\_\_ Evening/ Weekend Phone: \_\_\_\_\_  
E-mail address: \_\_\_\_\_ Occupation: \_\_\_\_\_

**Your answers to the following questions will provide us with the necessary information to evaluate your preparedness to get the most from the TT200 program:**

Please describe your current yoga practice: \_\_\_\_\_  
\_\_\_\_\_

How long have you practiced yoga? \_\_\_\_\_

What style/s of yoga have you studied and for how long? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Who is your regular teacher? \_\_\_\_\_

How often do you study with your regular teacher? \_\_\_\_\_

Describe what interests you in yoga– the physical postures, breath, meditation, service, philosophy, working with special populations, therapeutic yoga, etc.? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What reading, relevant to yoga, has been important to you? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you currently teaching yoga or any other subject? Please explain. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have experience, including teaching experience, in related disciplines? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you studied anatomy? If so, please explain. \_\_\_\_\_  
\_\_\_\_\_

List any physical limitations that affect your practice: \_\_\_\_\_  
\_\_\_\_\_

Why do you wish to participate in our Teacher Training program? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is there anything else you want to share? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### **Refund Policy**

The \$295 deposit is not refundable unless your application is denied. Only in the case of medical emergency or similar inability to continue in the program will refunds be considered after January 29, 2012. Your signature and deposit indicate that you are committed to the program and that you understand these terms.

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Thank you for considering the Teacher Training 200 Program.**