

Reiki Share with Maureen Fama

at the Yoga Center of Columbia's Wellness Room

7:30pm - 9:30pm on Thursdays, September 2011 - May 2012

(September 15, October 20, November 17, December 15, January 19, February 16, March 15, April 19 and May 17)

Reiki Share is Free But A Charitable Donation For Grassroots is Requested.



Grassroots is a private non-profit, human service agency that has been serving Howard County and Central Maryland for over 30 years. For more information on Grassroots go to www.grassrootscrisis.org.

Connection - Community - Healing energy - Relaxation

Are you a Reiki practitioner who would like to connect with others in the Reiki community and Practice giving and receiving Reiki?

Please join us in our monthly Reiki Share hosted by The Yoga Center Monthly, January - May, on Thursdays.

Free will donation for Grassroots Crisis Intervention Center
Thursdays, September 15, October 20, November 17, December 15, January 19, February 16, March 15, April 19 & May 17
7:30pm - 9:30pm

Reiki Share for practitioners with Maureen Fama (Reiki Master)
(registration requested - donation class)



If you've never experienced Reiki, you are welcome to come and find out about it and experience it firsthand from our Wellness Room practitioners.

Reiki [pronounced RAY-key] is a Japanese word which means Universal Life Force Energy. This gentle hands-on healing technique works with vital life source energy to heal and balance. It can relieve stress and pain, stimulate the immune system, balance subtle body energies and broaden self-awareness.

Space is limited.
Please call The Yoga Center at 410-720-4340 to Reserve your space in advance.

Registration Form

Please fill out this form and return with payment to: The Yoga Center of Columbia, Parkridge Plaza Building, 8950 Route 108, Suite 109, Columbia, MD 21045 or fax with credit card info. 410.772.9591. Register at www.columbiayoga.com

Name: _____

Address: _____

Telephone # : (Days) _____ (Nights) _____

E- Mail: _____

Please sign me up for the following Reiki Share, Thursdays 7:30pm - 9:30pm:

- September 15, 2011 October 20, 2011 November 17, 2011 December 15, 2011
 January 19, 2012 February 16, 2012 March 15, 2012 April 19, 2012 May 17, 2012